

# Be well;

# Learn well;

# Live well;

# Offwell!



**Be well:** we value our mental and physical health as the foundations of achieving our potential, through supporting and caring about our own and each other's wellbeing. We aim, ultimately, to be at peace with ourselves: 'A heart at peace gives life to the body' (Proverbs 14:30) and for a positive outlook: 'a cheerful heart is good medicine' (Proverbs 17:22). In order to learn and live well, we need to be able to manage our emotions; we need a calm mind to make wise decisions and consider how they will impact on ourselves and others. Learning from our core values of sharing, caring, honesty, loyalty, forgiveness and compassion, we aim to help children and families through challenging times, by providing the care and support, which is essential for the wellbeing of us all.

**Learn well:** we are dedicated to ensuring that all our children are able to achieve to their full potential. When wellbeing is good (as above) we can all be ready to learn well, through Quality First Teaching, good progress in reading, writing and maths, a creative curriculum, good home-school support and targeted interventions to support any additional needs. Learning from the principles of Christianity, James Ch3 tells us to have 'wisdom that comes from heaven'; we encourage children to strive towards their goals, learn from past mistakes and practise forgiveness (Ephesians 4:32). Children are encouraged to flourish in all areas of the curriculum through inspirational, innovative and creative teaching; developing fluency in key skills to enable a life-long love of learning.

**Live well:** as a church school, we believe that we live best when we learn to live with and for each other; sharing our lives and our planet in a spirit of peace, hope, loyalty, honesty, forgiveness and compassion. The Bible teaches us that, in order to live well, we must do so together as 'one body' (1 Corinthians 12:12). At Offwell, we collaborate on all aspects of the care, teaching and learning that we provide. There are a number of children's groups that represent the whole school 'family' – e.g. our School Council, Ethos Group and E-team. Children are taught to live with dignity, integrity, to respect others and value our environment, in order to live well together.

These three areas influence our themes for each term:

Term 1: we focus on wellbeing – physical, emotional and mental, as we settle into our new classes.

Term 2: our focus is on taking responsibility for our learning – going for goals; e-safety.

Term 3: we look outward and focus on our commitment to charity and our environment.