

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	CHICKEN QUESADILLA Chicken, vegetables & Cheddar cheese in a tortilla wrap served with rice (1,6)	CHICKEN & HAM PIE Crisp flaky puff pastry filled with chicken & ham served with seasoned diced potatoes (1, 6)	THE ROAST Devon Sausages with crispy potatoes, Yorkshire pudding & gravy (1,6,8,12)	PIZZA The All-American with Pepperoni & potato wedges (1,6)	FISH FINGERS Fish fingers with oven baked chips (1,5)
Sides	Garden Peas Broccoli	Sweetcorn Green Beans	Carrot Savoy Cabbage	Carrot sticks Sweetcorn	Baked Beans
Meat Free	PASTA BOLOGNAISE Plant powered bolognese sauce mixed with penne pasta. (1)	SWEET POTATO CRUMBLE Lentils & sweet potato in a tomato sauce with a crunchy topping & rice (1)	VEGGIE TOAD IN THE HOLE Crispy Yorkshire pudding with veggie sausages, lots of lovely vegetables & gravy. (1,6,8)	PIZZA The original Margherita topped with cheese & tomato with potato wedges (1,6)	MOZZARELLA CHEESE STICKS Golden & crispy on the outside, melted gooey cheese on the inside, with oven baked chips (1,6)
Jacket Potatoes	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)
Dessert	GINGERBREAD A warm, sweet, flavoured ginger cake (1,8)	FRUIT CRUMBLE Old fashioned apple & mixed berry crumble with custard (1,6)	CARROT CAKE Sweet & moist, full of carrots, covered in creamy icing (1,8)	JOLLY JELLY Colourful, tasty & wobbly	CHOCOLATE COOKIE Thick, crunchy & crumbly (1)

Week beginning 30th Oct
20th Nov

allergens code:

1. Cereals including gluten – including wheat, rye, barley and oats.
2. Celery
3. Crustaceans such as prawns, crabs & lobsters
4. Lupin
5. Fish
6. Milk

7. Mustard
8. Eggs
9. Peanuts
10. Sesame Seeds
11. Soya Beans
12. Sulphur Dioxide
13. Tree nuts
14. Molluscs

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	MAC 'N' CHEESE WITH BACON The ultimate - creamy, cheesy bake (1,6)	ULTIMATE BANGERS 'N' MASH Devon sausages with a creamy mash potato (1,11,12)	THE ROAST Gammon Ham with crispy potatoes & gravy	PIZZA Chicken pizza & potato wedges (1,6)	BEEF BURGER Juicy, local beef burger in a soft white bap with oven baked chips (1,2,12)
Sides	Green beans Garden peas	Carrot Sweetcorn	Broccoli Garden Peas	Red & Yellow sweet pepper sticks	Baked beans
Meat Free	CHICKPEA CASSEROLE Packed with warm flavours. A healthy blend of vegetables, chickpeas & cous cous (1)	VEGGIE LASAGNE Pasta layered with vegetables & beans, baked in a rich sauce (1,6)	CAULIFLOWER & BROCCOLI CHEESE Flaky pastry packed with a creamy cauliflower & broccoli cheese (1,6)	PIZZA The original Margherita topped with cheese & tomato with potato wedges (1,6)	VEGGIE BURGER In a soft white bap with oven baked chips (1,7)
Jacket Potatoes	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)
Dessert	CHERRY SHORTBREAD Traditional shortbread with sweet cherries (1,12)	JAM SPONGE & CUSTARD Sponge cake with jam & a generous sprinkle of coconut (1,6,8,12)	APPLE CAKE A deliciously moist fruit cake with a warm spice. (1,8)	ICE CREAM Rich, sweet and creamy (6)	ROCK CAKES Wonderfully crumbly, filled with orange & sultanas (1,8)

Week beginning 27th Nov

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	CHICKEN CURRY A mild creamy, lightly spiced chicken curry served over rice (7)	LASAGNE Beef ragu, layered with white sauce & pasta, topped with melted mozzarella (1,6)	THE ROAST Chicken with crispy potatoes, Chef's stuffing & gravy (1)	PIZZA Classic ham pizza & potato wedges (1,6)	FISH & CHIPS Breaded cod with oven baked chips (1,5,6)
Sides	Green beans Garden peas	Sweetcorn Broccoli	Carrots Green beans	Sweetcorn Cucumber sticks	Garden peas
Meat Free	MAC 'N' CHEESE Pasta in a rich cheesy sauce with a cheese crust (1,6)	HOMINY PIE Cheese & potato pie topped with tomatoes (1,6)	VEGETABLE FILO PARCEL Seasonal root vegetables with a rich tomato sauce in a pastry wrap (1)	PIZZA The original Margherita topped with cheese & tomato with potato wedges (1,6)	VEGGIE HOT DOG In a soft white roll with potato wedges (1)
Jacket Potatoes	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)	CHEDDAR CHEESE (6), TUNA MAYO (5,8), BAKED BEANS OR BAKED BEANS AND CHEESE (6)
Dessert	CHOCOLATE BROWNIE Rich & fudgy, with a hint of beetroot. (1,6,8)	APPLE & BANANA CRISP A crunchy, golden-brown crust with a mushy mixture of banana & apple With Custard (1,6)	FRUITY FLAPJACK Sticky, chewy & bursting with fruity goodness (1)	JOLLY JELLY Colourful, tasty & wobbly	FRUIT MUFFIN Light, moist & super fluffy packed with fruit (1,6,8)

Week beginning - 13th Nov
4th Dec.